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| Capture***Principal: Miss R Robinson******Tel: 028 38851778******Fax: 028 38852568****B Ed (Hons) M Ed PQH*  |  **St Mary’s Primary School****84 Maghery Road****Maghery****Dungannon****Co Tyrone****BT71 6PA**  |

24th January 2022

Dear Parents,

# Advice to All Parents - warn and inform COVID

We have been advised to inform you that there has been a **significant increase** in the number of confirmed cases of COVID-19 St Mary’s Maghery. We were counselled by Health Officials that this was likely to happen post-Christmas holidays.

Please can you continue to support us by encouraging your children and all members of your family to take regular lateral flows and to keep children off school who may have symptoms.

These symptoms are as follows:

Symptoms are as follows:

With the Omicron variant, the symptoms are

* Runny Nose
* Headaches
* Fatigue (mild or severe)
* Sneezing
* Sore Throat

In addition, other Covid symptoms still remain prevalent

* Loss of taste or smell
* High temperature
* Continuous Cough

# How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

* get vaccinated – everyone aged 16 and over can [book COVID-19 vaccination appointments](https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/) now
* wash your hands with soap and water or use hand sanitiser regularly throughout the day
* cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
* put used tissues in the bin immediately and wash your hands afterwards
* meet people outside and avoid crowded areas
* open doors and windows to let in fresh air if meeting people inside
* wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
* participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

# Further information

Further information is available at nhs.uk/coronavirus

Yours sincerely

Miss R Robinson