

**RISE NI**

‘Ready to Learn’ programme

The Ready to Learn Programme is designed to explore with parents how they can help their child maximise their potential within school. Participants will acquire knowledge and strategies to support their child’s social, emotional, physical and academic development. This workshop is designed to be interactive and will involve practical activities.

**Content:**

The programme will explore the following areas and how they may impact children’s ability to access the curriculum to their full potential:

* The impact of positive parenting on childhood development
* Recommendations on screen time; sleep and play
* Connection and calming strategies
* How to promote motor skills and independent self-care skills
* Strategies and activities to support language and communication

**Designed for:** Parents of pre-school – P2 children

**Venue:**  St. Mary’s Primary School

**Duration:** 2 hour session

**Date and time:** 30th January 2020 at 18.30pm.

**The professionals facilitating your workshop will be:**

Catherine Doran (Occupational Therapist)

Aibhlin Neeson and Ashleigh Gamble (Speech and Language Therapists)

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| T:\logo\Capture.JPG  ***Principal: Miss R Robinson***  ***B Ed (Hons) M ED PQH***  ***Tel: 028 38851778***  ***Fax: 028 38852568*** | **St Mary’s Primary School**  **84 Maghery Road**  **Maghery**  **Dungannon**  **Co Tyrone**  **BT71 6PA** |
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20th January 2020

Dear Parents of Primary 1 to Primary 4

See above RISE NI invitation 30th January in St Mary’s PS at 6.30pm. Session last 2 hours.

Please complete the slip below and return by Friday 24th January 2020.

Yours sincerely

R Robinson

(Principal)

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Please reply by Friday 24th January

I / We will be attending the Rise NI workshop on 30th January at 6.30pm

No. of people \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_